

Sleep, O Peaceful Sleep

by
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Sleep, O peaceful sleep.

*Would that thou flow o'er me
as the gentle wave at the sea
that covers the sands of time.*

Sleep, O needful sleep.

*Lift my head, salve my eyes,
ease my soul, belay my sighs
as no conscious state could ever do.*

Sleep, O restful sleep.

*Project soft images in my mind
of another place and time
free of trouble and pain.*

Sleep, O traveling sleep.

*Transport me from today
to tomorrow, and on the way
release the baggage weighing me down.*

Sleep, O ending sleep.

*Open my eyelids on the morn
of a new day freshly born
with hope that eluded me yesterday.*